

Sharona Stone, MEd, LCSW, DCH  
6093 S. Quebec St. #200  
Centennial, CO 80111  
TEL: 303.779.1699  
FAX: 303.771.9284  
EMAIL: [sharona@drsharona.com](mailto:sharona@drsharona.com)

ADOLESCENT INTAKE FORM

Your name: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City Zip Code

Home telephone: \_\_\_\_\_ Cell (Yours): \_\_\_\_\_

Email: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Grade: \_\_\_\_\_ Name of School: \_\_\_\_\_

I prefer to be called: \_\_\_\_\_

Have you ever seen a counselor or therapist before?

For what reasons did you see a counselor or therapist?

Whose idea was it for you to come see me today?

How do you feel about being here today?

What expectations do you have about our meeting today?

Is there anything special you would like me to help you with, please let me know.

What do you think is important for me to know about you right now?

(Over)

I would like for you to read the following statements and respond as honestly as you can, to help me to get to know you better.

A = Always   O = Often   S = Sometimes   N = Never

- \_\_\_\_\_ 1. I like myself
- \_\_\_\_\_ 2. Sometimes I want to be alone
- \_\_\_\_\_ 3. I like going to my school
- \_\_\_\_\_ 4. I have a hard time being alone
- \_\_\_\_\_ 5. I have a lot of energy
- \_\_\_\_\_ 6. I feel very restless and have a hard time sitting still when I am supposed to
- \_\_\_\_\_ 7. I wish my parents understood me better
- \_\_\_\_\_ 8. I worry about my future
- \_\_\_\_\_ 9. Sometimes I get very angry
- \_\_\_\_\_ 10. I am satisfied with the friends I have
- \_\_\_\_\_ 11. My parents blame me for lots of things
- \_\_\_\_\_ 12. I feel that no one knows or understands how much pain I am in
- \_\_\_\_\_ 13. I avoid situations that make me uncomfortable
- \_\_\_\_\_ 14. I expect most things will turn out okay
- \_\_\_\_\_ 15. My temper can get out of control
- \_\_\_\_\_ 16. I believe I can handle most challenges that come my way
- \_\_\_\_\_ 17. I feel overwhelmed
- \_\_\_\_\_ 18. My temper can get out of control
- \_\_\_\_\_ 19. I take more risks than I think I should
- \_\_\_\_\_ 20. I control my feelings so people rarely know what I really feel
- \_\_\_\_\_ 21. I am not motivated to do well in school
- \_\_\_\_\_ 22. My parents have unreasonable expectations of me

- \_\_\_\_\_ 23. I have thoughts of hurting myself
- \_\_\_\_\_ 24. I have trouble falling asleep
- \_\_\_\_\_ 25. I am easily distracted
- \_\_\_\_\_ 26. I have trouble getting back into something if I am interrupted
- \_\_\_\_\_ 27. I wish my parents argued less
- \_\_\_\_\_ 28. My parents' rules are fair
- \_\_\_\_\_ 29. I am satisfied with the number of friends I have
- \_\_\_\_\_ 30. I often feel left out in groups
- \_\_\_\_\_ 31. I have a hard time knowing what to talk about when I am with my friends
- \_\_\_\_\_ 32. I have used sharp objects to scratch or cut on myself
- \_\_\_\_\_ 33. I buy things and then wonder why I bought them
- \_\_\_\_\_ 34. Sometimes I binge on foods, I just can't stop eating
- \_\_\_\_\_ 35. I cry more frequently
- \_\_\_\_\_ 36. Sometimes I feel like my emotions control me
- \_\_\_\_\_ 37. Sometimes I hear things no one else appears to hear
- \_\_\_\_\_ 38. I feel very self-conscious about my body.
- \_\_\_\_\_ 39. I have made suicide attempt(s)
- \_\_\_\_\_ 40. I get very upset if someone touches or rearranges my things
- \_\_\_\_\_ 41. I have trouble staying asleep after I have fallen asleep
- \_\_\_\_\_ 42. My parents do not understand how I can feel so overwhelmed sometimes
- \_\_\_\_\_ 43. When things are not going well I can remain confident that they will improve
- \_\_\_\_\_ 44. My parents are too strict
- \_\_\_\_\_ 45. I am teased by my peers, this is very upsetting
- \_\_\_\_\_ 46. I have nightmares

(Over)

- \_\_\_\_\_ 47. I always feel exhausted
- \_\_\_\_\_ 48. I get drunk regularly
- \_\_\_\_\_ 49. I am very sensitive when I perceive rejection
- \_\_\_\_\_ 50. I think of myself as a “driven” person
- \_\_\_\_\_ 51. I am vulnerable to pressure from peers
- \_\_\_\_\_ 52. I cannot cry even when I want to
- \_\_\_\_\_ 53. Sometimes I feel like I am going crazy
- \_\_\_\_\_ 54. I put more energy into things than other people do to convince them that I am . . .
- \_\_\_\_\_ 55. I have experimented with drugs
- \_\_\_\_\_ 56. I have wished I was dead
- \_\_\_\_\_ 57. I don’t enjoy doing things as much as before
- \_\_\_\_\_ 58. I have little motivation to do anything
- \_\_\_\_\_ 59. I look forward to my future
- \_\_\_\_\_ 60. Most days I feel prepared for school
- \_\_\_\_\_ 61. People are attracted to me because of my personality
- \_\_\_\_\_ 62. I am satisfied with my grades
- \_\_\_\_\_ 63. My friends and I argue more often than I like
- \_\_\_\_\_ 64. I sometimes do things I feel guilty about things I have done
- \_\_\_\_\_ 65. I have gotten in trouble at school
- \_\_\_\_\_ 66. I have gotten in trouble with the law

